



New Zealand Cricket COVID-19 Level 2 Training Recommendations

New Zealand Cricket has developed a COVID-19 guideline to assist with the organisation of trainings. While still in level 2 restrictions, there is a maximum number of 50 people allowed to occupy an indoor space (club room, indoor facility or changing rooms) and 100 people in an outdoor space at any one time.

✓	Health and safety Considerations	Potential Health and Safety actions	Club Person Responsible	Contact Number
	Who is responsible? Each club will need to have a designated person who will develop, implement and maintain their H&S guide	<ul style="list-style-type: none"> - Consider a committee member or coach developer - Check in regularly with coaches and/or managers, ensuring plans are running smoothly 		
	Managing Illness Participants need to know they shouldn't be attending training if they are feeling unwell	<ul style="list-style-type: none"> - Ensure this is clearly communicated to teams/managers/parents See covid19.govt.nz/covid-19/about-covid-19/covid-19-symptoms 		
	Managing other sports Managing the relationship with other codes who may be using your grounds/clubrooms	<ul style="list-style-type: none"> - Be flexible around ground usage times - Make contact early and share Health and Safety plans - Collaboration is key 		
	Contact Tracing Following the contact tracing guidelines for all participants	<ul style="list-style-type: none"> - Ensure contact tracing is available (both a QR code and a manual register) at the ground/facility and create an area which can be used for this purpose. Encourage everyone present at training to check in through the government app/manual register 		
	Managing Equipment Ensuring that equipment e.g. stumps/balls are cleaned after each training	<ul style="list-style-type: none"> - Keeping equipment and any other surfaces you use while training, clean, disinfecting surfaces and door handles on the departure following a training session - Bowling machines can be used but the balls should be disinfected at the conclusion of the training session. - After training balls should be cleaned with an alcohol based wipe 		
	Player welfare Consider that players should be capable of being responsible for themselves	<ul style="list-style-type: none"> - Players should provide their own equipment where possible - Players should bring their own food and drinks, do not share with others in the team, including drink bottles - Players should follow ICC recommendations of ensuring they do not spit or use saliva to shine the ball 		
	Hand Hygiene There must be a hand hygiene process implemented before and after training	<ul style="list-style-type: none"> - Access to soap and water/hand sanitiser before and after training - Individuals should be encouraged to sanitise their hands at every break in drills/play (at least every 40 minutes) 		

	<p>Socialising after training Ensuring players are keeping to social distancing guidelines.</p>	<ul style="list-style-type: none"> - Encourage participants to come to the grounds ready to train and to depart immediately afterwards - Ensure players are keeping their distance from one another when not actively participating in the game or training (minimum of 2 metre*) - Encourage players not to perform any kind of celebration which involves body contact - Consider a staggered approach to training bubbles when starting and finishing training - Only use changing rooms/clubrooms that can be operated within government guidelines 		
	<p>Club communication It is important that clubs regularly communicate H&S plans to any participants/parents</p>	<ul style="list-style-type: none"> - Keep members informed through regular updates - Conduct sessions for coaches/managers - Keep updated with New Zealand Cricket's COVID-19 response guidelines - Keep in close contact with you relevant DA/MA 		

General Hygiene Practices

- Wash your hands often with soap and water for at least 20 seconds or use an alcohol based hand sanitiser
- Do not touch your eyes, nose or mouth if your hands are not clean
- Stay home and seek medical treatment when you are unwell
- Avoid close contact with other people who are unwell
- Cover your mouth and nose with a tissue or sneeze into your elbow rather than your hands

* All gathering sizes and other practices are subject to change in line with government guidelines. For more information visit the government website : <https://covid19.govt.nz/>

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